

# DRUG PRESCRIPTION

NN1 :  
121C, Chest Road, Rajajinagar, 1st 'R' Block, Bangalore - 560 010 - INDIA  
Retina / Glaucoma / Uvea : +91-80-66121435, Cataract / Neuro-ophthal : +91-80-66121639  
General / Pediatric / Oculoplasty / Cornea : +91-80-66121496  
Refractive : +91-80-66121417, Eye Emergency only : +91-8002546046  
Fax : +91-80-23377329 Email : info1@narayananeethralaya.com

MIR NO. 58076

DATE 25-Jun-2021

NAME MRS. SUNANDA J

DR. NAME DR. SANTOSH GOPI KRISHNA

Sl  
No.

R<sub>x</sub>

1. ASTAXANTHIN 6MG, GLUTATHIONE 5MG, LUTEIN 3.  
(I-SITE PLUS CAPSULE)

1 capsule one time a day for 6 days Monthly

Review : After 91 Days (to confirm with reception) or earlier in case of any problem.

Dr. SANTHOSH GOPI KRISHNA G.

MBBS, DNB, FVR

KMC REG. No. 59611

Consultant - Vitreo Retina Services

NARAYANA NETHRALAYA

RAJAJI NAGAR, BANGALORE-560 010

For Appointment/Queries: 080-66974007 (9am-5pm)

For Postoperative Emergency: 080-2546046 (24/7)

Signature  
Name & Seal of the Doctor

NN2 : NH Health City (Narayana Hrudayalaya Campus), # 258/A, Bommasandra, Hosur Road, Bangalore-560 099, INDIA  
Tel : +91-80-66660655-0658, Fax : +91-80-66660650, Mobile : +91-99028 2118 (Emergency only)  
Email : info2@narayananeethralaya.com

NN3 : No. 37, Castle Street, Opp. Sacred Heart Church, Ashok Nagar, Bangalore-560 025, INDIA.  
Tel : +91-80-66974000-4002, Fax : +91-80-66974005, Email : info3@narayananeethralaya.com

NN4 : No. 63, Next to Royal Meenakshi Mall, Bannerghatta Road, Hulimavu, Bangalore-560 076, INDIA.  
Ph : +91-80-66121618-19, +91-9513522400, +91-9538822400, Email : info4@narayananeethralaya.com

Website - www.narayananeethralaya.org

NN1/R/COP-42/2



Energy	1.75 kcal
Protein	0.044 g
Carbohydrate	0.216 g
Sugar	0.08 g
Fat	0.076 g

		NRDA*
Lutein	12 mg	—
Astaxanthin	3 mg	—
(from <i>Hemulonius Maris</i> )		
L-Glutathione	25 mg	—

\*NRDA based on ICMR guidelines

Coating agent (454), Anti-sticking agent [470(iii)], Lactose, Calcium Stearate, Anticaking agents (304,301), Acidity regulator (524).

CONTAINS PERMITTED NATURAL AND SYNTHETIC FOOD COLOURS [101(i), 162, 171].

Recommended Usage: Two tablets daily for adults.

As nutraceutical, for human well-being.

Not to exceed the stated recommended daily usage.

NOT FOR MEDICINAL USE.

Keep out of reach of children.

Store at temperature not exceeding 30°C, protected from light and moisture.

BEST BEFORE 18 MONTHS FROM MANUFACTURE

fssai

Lic. No.: 10017035000037

# Lutein, Astaxanthin and L-Glutathione Tablets

**I-site® Plus**

NRDA based on ICMR guidelines

NUTRACEUTICAL Per serving (0.25 g/tablet)

Nutritional Information (approximate values)	
Energy	1.75 kcal
Protein	0.044 g
Carbohydrate	0.216 g
Sugar	0.08 g
Fat	0.076 g

		NRDA*
Lutein	12 mg	—
Astaxanthin	3 mg	—

Appropriate enzymes added to compensate loss during storage

Ingredients: Diluents [455(i), 457], Starch, Glutathione, Sucrose, Stabilizer (1202), Croscollone, Humectants (406, 1518),

Astaxanthin, Anticaking agents [551, 553(iii)], Lutein ester, Coating agent (454), Anti-sticking agent [470(iii)], Lactose,

Calcium Stearate, Anticaking agents (304,301), Acidity regulator (524).

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Recommended Usage: Two tablets daily for adults.

As nutraceutical, for human well-being.

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Keep out of reach of children.

Best before 18 months from manufacture

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Lic. No.: 10017035000037

Please consult your health care professional, if in case you are pregnant, lactating or taking any medication.

For your feedback/queries contact:

Consumer Care Cell, Sun House,

Plot No. 201 B/1, Goregaon (E), Mumbai.

Toll free no. 84339 84339

Email: customer.connect@sunpharma.com

Manufactured in India by:

sun pharma laboratories ltd.

Plot No. 107-108, Namli Block,

P.O. Ranipool, East-Sikkim-737 135,

Sikkim.

Net Quantity: 18 N

Registered Trade Mark

Please consult your health care professional, if in case you are pregnant, lactating or taking any medication.

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Plot No. 107-108, Namli Block,

P.O. Ranipool, East-Sikkim-737 135,

Sikkim.



Batch No.: EMX1106  
Mfg. Date: 04/2020  
M.R.P. (incl. of all taxes)  
per 10 tablets

PEMP102420

PEMP102420



📍 New Delhi

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## I-Site Plus Tablet

Sun Pharmaceutical Industries Ltd

4.4 66 Ratings &amp; 36 Reviews

📈 292 people bought this recently

○ ₹208 ~~₹245~~ 15% off● ₹208 + Free shipping and 5% cashback with **Care Plan** ⓘ

Inclusive of all taxes

1 Strip ▾ of 10 tablets

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Valid once per user only with a minimum order value of ₹300 till 30th June 2021

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#### Information about I-Site Plus Tablet

I site plus is a nutraceutical preparation indicated for various conditions related to the eyes. I site plus tablets contain astaxanthin 6 mg, glutathione 5 mg and lutein 3.2 mg.

Astaxanthin belongs to the class of compounds called xanthophylls and is a keto-carotenoid. It is a dietary supplement, and has a strong anti-oxidant effect. Glutathione is made up of three amino acids and acts as a natural scavenger of free radicals. Lutein is a naturally occurring carotenoid found in high concentrations in green leafy vegetables, is present in high concentration in the retina. The above ingredients make I site plus capsule an important supplemental aid for various disorders of the eye.

I site is indicated for age related diabetic retinopathy, macular degeneration, cataract and post cataract recovery, retinitis pigmentosa, and post-lasik recovery.

#### Directions of use:

Take one tablet twice a day or as directed by the physician.

Use under medical supervision

#### Ratings & Reviews



#### Anisha Pearly

5 Verified Buyer

24 April 2021

Its very good for eye nerves

HELPFUL REPORT

#### Rohan Thatte

5 Verified Buyer

31 January 2020

Helps with maintaining eye sight throughout the day.

HELPFUL REPORT

#### K L Lokanatha

5 Verified Buyer

25 May 2019

Prescription not insisted

HELPFUL REPORT

#### Saravana Guhan C K

5 Verified Buyer

2 May 2020

Good supplement for Eye Problem

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