

MEDICATION GUIDE

Lisdexamfetamine Dimesylate
(lis dex" am fet' a meen di mes' i late) Capsules, CII

Lisdexamfetamine Dimesylate
(lis dex" am fet' a meen di mes' i late) Chewable Tablets, CII

What is the most important information I should know about lisdexamfetamine dimesylate?

Lisdexamfetamine dimesylate may cause serious side effects, including:

- **Abuse, misuse, and addiction.** Lisdexamfetamine dimesylate has a high chance for abuse and misuse and may lead to substance use problems, including addiction. Misuse and abuse of lisdexamfetamine dimesylate, other amphetamine containing medicines, and methylphenidate containing medicines, can lead to overdose and death. The risk of overdose and death is increased with higher doses of lisdexamfetamine dimesylate or when it is used in ways that are not approved, such as snorting or injection.
- Your healthcare provider should check you or your child's risk for abuse, misuse, and addiction before starting treatment with lisdexamfetamine dimesylate and will monitor you or your child during treatment.
- Lisdexamfetamine dimesylate may lead to physical dependence after prolonged use, even if taken as directed by your healthcare provider.
- Do not give lisdexamfetamine dimesylate to anyone else. See **"What is lisdexamfetamine dimesylate?"** for more information.
- Keep lisdexamfetamine dimesylate in a safe place and properly dispose of any unused medicine. See **"How should I store lisdexamfetamine dimesylate?"** for more information.
- Tell your healthcare provider if you or your child have ever abused or been dependent on alcohol, prescription medicines, or street drugs.

- **Risks for people with serious heart disease.** Sudden death has happened in people who have heart defects or other serious heart disease.

Your healthcare provider should check you or your child carefully for heart problems before starting treatment with lisdexamfetamine dimesylate. Tell your healthcare provider if you or your child have any heart problems, heart disease, or heart defects.

Call your healthcare provider right away or go to the nearest hospital emergency room right away if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting during treatment with lisdexamfetamine dimesylate.

- **Increased blood pressure and heart rate.**

Your healthcare provider should check you or your child's blood pressure and heart rate regularly during treatment with lisdexamfetamine dimesylate.

- **Mental (psychiatric) problems, including:**

- new or worse behavior and thought problems
- new or worse bipolar illness
- new psychotic symptoms (such as hearing voices, or seeing or believing things that are not real) or new manic symptoms

Tell your healthcare provider about any mental problems you or your child have or about a family history of suicide, bipolar illness, or depression.

Call your healthcare provider right away if you or your child have any new or worsening mental symptoms or problems during treatment with lisdexamfetamine dimesylate, especially hearing voices, seeing or believing things that are not real, or new manic symptoms.

What is lisdexamfetamine dimesylate?

Lisdexamfetamine dimesylate is a central nervous system (CNS) stimulant prescription medicine used for the treatment of:

- Attention Deficit Hyperactivity Disorder (ADHD) in adults and children 6 years of age and older. Lisdexamfetamine dimesylate may help increase attention and decrease impulsiveness and hyperactivity in people with ADHD.
- Moderate to severe binge eating disorder (BED) in adults. Lisdexamfetamine dimesylate may help reduce the number of binge eating days in people with BED.

Lisdexamfetamine dimesylate is not for use in children under 6 years of age with ADHD.

Lisdexamfetamine dimesylate is not for weight loss. It is not known if lisdexamfetamine dimesylate is safe and effective for the treatment of obesity.

It is not known if lisdexamfetamine dimesylate is safe and effective for use in children with BED.

Lisdexamfetamine dimesylate is a federally controlled substance (CII) because it contains lisdexamfetamine dimesylate that can be a target for people who abuse prescription medicines or street drugs. Keep lisdexamfetamine dimesylate in a safe place to protect it from theft. Never give your lisdexamfetamine dimesylate to anyone else because it may cause death or harm them. Selling or giving away lisdexamfetamine dimesylate may harm others and is against the law.

Do not take lisdexamfetamine dimesylate if you or your child are:

- allergic to amphetamine products or any of the ingredients in lisdexamfetamine dimesylate. See the end of this Medication Guide for a complete list of ingredients in lisdexamfetamine dimesylate.
- taking, or have stopped taking in the last 14 days, a medicine called a Monoamine Oxidase Inhibitor (MAOI).
- being treated with the antibiotic linezolid or intravenous methylene blue.

Before taking lisdexamfetamine dimesylate, tell your healthcare provider about all medical conditions, including if you or your child:

- have heart problems, heart disease, heart defects, or high blood pressure
- have mental problems including psychosis, mania, bipolar illness, or depression or have a family history of suicide, bipolar illness, or depression
- have circulation problems in fingers and toes
- have kidney problems
- have or had repeated movements or sounds (tics) or Tourette's syndrome, or have a family history of tics or Tourette's syndrome
- are pregnant or plan to become pregnant. Lisdexamfetamine dimesylate may harm the unborn baby.
 - There is a pregnancy registry for females who are exposed to lisdexamfetamine dimesylate during pregnancy. The purpose of the registry is to collect information about the health of females exposed to lisdexamfetamine dimesylate and their baby. If you or your child becomes pregnant during treatment with lisdexamfetamine dimesylate, talk to your healthcare provider about registering with the National Pregnancy Registry for Psychostimulants at 1-866-961-2388 or visit online at <https://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/adhd-medications/>.
- are breastfeeding or plan to breastfeed. Lisdexamfetamine dimesylate passes into breast milk. You should not breastfeed during treatment with lisdexamfetamine dimesylate. Talk to your healthcare provider about the best way to feed the baby during treatment with lisdexamfetamine dimesylate.

Tell your healthcare provider about all the medicines that you or your child take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Lisdexamfetamine dimesylate can affect the way other medicines work and other medicines may affect how lisdexamfetamine dimesylate works. Taking lisdexamfetamine dimesylate with other medicines can cause serious side effects. Sometimes the doses of other medicines will need to be changed while taking lisdexamfetamine dimesylate.

Especially tell your healthcare provider if you or your child take:

- selective serotonin reuptake inhibitors (SSRIs)
- serotonin norepinephrine reuptake inhibitors (SNRIs)
- medicines used to treat migraine headaches called triptans
- tricyclic antidepressants
- lithium
- fentanyl
- tramadol
- tryptophan
- buspirone
- St. John's Wort

Keep a list of all medicines to show your healthcare provider and pharmacist when you get a new medicine. Your healthcare provider will decide if lisdexamfetamine dimesylate can be taken with other medicines.

Do not start any new medicine during treatment with lisdexamfetamine dimesylate without talking to your healthcare provider first.

How should lisdexamfetamine dimesylate be taken?

- Take lisdexamfetamine dimesylate exactly as prescribed by your

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healthcare provider.

- Your healthcare provider may change the dose if needed.
- Take lisdexamfetamine dimesylate 1 time each day in the morning with or without food.
- Lisdexamfetamine dimesylate comes in capsules or chewable tablets.

Taking Lisdexamfetamine Dimesylate Capsules:

- Lisdexamfetamine dimesylate capsules may be swallowed whole.
- If lisdexamfetamine dimesylate capsules cannot be swallowed whole, the capsule may be opened and the entire contents sprinkled onto yogurt, or poured into water or orange juice.
- Using a spoon, break apart any powder that is stuck together. Stir the lisdexamfetamine dimesylate powder and yogurt, water, or orange juice until they are completely mixed together.
- Swallow all the yogurt, water, or orange juice mixture right away. **Do not** store the yogurt, water, or orange juice mixture.
- It is normal to see a filmy coating on the inside of your glass or container after you eat or drink all the lisdexamfetamine dimesylate mixture.

Taking Lisdexamfetamine Dimesylate Chewable Tablets:

- Chew lisdexamfetamine dimesylate tablets completely before swallowing.

If you or your child take too much lisdexamfetamine dimesylate, call your healthcare provider or Poison Help line at 1-800-222-1222 or go to the nearest hospital emergency room right away.

What are the possible side effects of lisdexamfetamine dimesylate? Lisdexamfetamine dimesylate may cause serious side effects, including:

- See **“What is the most important information I should know about lisdexamfetamine dimesylate?”**
- Slowing of growth (height and weight) in children.** Children should have their height and weight checked often during treatment with lisdexamfetamine dimesylate. Lisdexamfetamine dimesylate treatment may be stopped if your child is not growing or gaining weight.
- Circulation problems in fingers and toes (Peripheral vasculopathy, including Raynaud’s phenomenon).**
Signs and symptoms may include:
 - Fingers or toes may feel numb, cool, painful
 - Fingers or toes may change color from pale, to blue, to red
 Tell your healthcare provider if you or your child have numbness, pain, skin color change, or sensitivity to temperature in your fingers or toes. Call your healthcare provider right away if you or your child have any signs of unexplained wounds appearing on fingers or toes during treatment with lisdexamfetamine dimesylate.
- New or worsening tics or worsening Tourette’s syndrome.** Tell your healthcare provider if you or your child get any new or worsening tics or worsening Tourette’s syndrome during treatment with lisdexamfetamine dimesylate.
- Serotonin Syndrome.** A potentially life-threatening problem called serotonin syndrome may happen when lisdexamfetamine dimesylate is taken with certain other medicines. Stop taking lisdexamfetamine dimesylate and call your healthcare provider or go to the nearest hospital emergency room right away if you or your child develop any of the following signs and symptoms of serotonin syndrome:
 - agitation
 - fast heartbeat
 - flushing
 - seizures
 - coma
 - sweating
 - loss of coordination
 - confusion
 - dizziness
 - tremors, stiff muscles, or muscle twitching
 - seeing or hearing things that are not real (hallucination)
 - changes in blood pressure
 - high body temperature (hyperthermia)
 - nausea, vomiting, diarrhea

The most common side effects of lisdexamfetamine dimesylate in children 6 to 17 years old and adults with ADHD include:

- loss of appetite (anorexia)
- anxiety
- decreased appetite
- weight loss
- diarrhea

- dizziness
- dry mouth
- irritability
- trouble sleeping
- nausea
- stomach pain
- vomiting

The most common side effects of lisdexamfetamine dimesylate in adults with BED include:

- dry mouth
- trouble sleeping
- decreased appetite
- increased heart rate
- constipation
- feeling jittery
- anxiety

These are not all the possible side effects of lisdexamfetamine dimesylate.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store lisdexamfetamine dimesylate?

- Store lisdexamfetamine dimesylate in a safe place (like a locked cabinet) and in a tightly closed container at room temperature between 68°F to 77°F (20°C to 25°C).
- Lisdexamfetamine dimesylate capsules and lisdexamfetamine dimesylate chewable tablets come in a child-resistant package.
- Protect lisdexamfetamine dimesylate from light.
- Dispose of remaining, unused, or expired lisdexamfetamine dimesylate by a medicine take-back program at a U.S. Drug Enforcement Administration (DEA) authorized collection site. If no take-back program or DEA authorized collector is available, mix lisdexamfetamine dimesylate with an undesirable, nontoxic substance such as dirt, cat litter, or used coffee grounds to make it less appealing to children and pets. Place the mixture in a container such as a sealed plastic bag and throw away lisdexamfetamine dimesylate in the household trash. Visit www.fda.gov/drugdisposal for additional information on disposal of unused medicines.

Keep lisdexamfetamine dimesylate and all medicines out of the reach of children.

General information about the safe and effective use of lisdexamfetamine dimesylate.

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use lisdexamfetamine dimesylate for a condition for which it was not prescribed. Do not give lisdexamfetamine dimesylate to other people, even if they have the same symptoms that you have. It may harm them and it is against the law. You can ask your pharmacist or healthcare provider for information about lisdexamfetamine dimesylate that is written for healthcare professionals.

What are the ingredients in lisdexamfetamine dimesylate?

Active ingredient: lisdexamfetamine dimesylate

Capsule Inactive Ingredients: black iron oxide, croscarmellose sodium, gelatin, magnesium stearate, microcrystalline cellulose, propylene glycol, shellac, and titanium dioxide. The capsule shells also contain one or more of the following: FD&C Red #3, D&C Red #28, FD&C Red #40, FD&C Yellow #6, FD&C Blue #1, and yellow iron oxide.

Chewable Tablet Inactive Ingredients: colloidal silicon dioxide, croscarmellose sodium, corn maltodextrin, guar gum, magnesium stearate, mannitol, microcrystalline cellulose, modified corn starch, propylene glycol, sucralose, strawberry flavor.

Manufactured by:
Ohm Laboratories Inc.
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For more information call 1-800-818-4555.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

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